

# GATHER AROUND

DEMYSTIFYING PSYCHOSIS IN THE BLACK COMMUNITY



## HOW DOES PSYCHOSIS IMPACT BLACK MEN?

African Americans are 5x more likely to be diagnosed with schizophrenia.

Did you know "psychosis" alone is not a diagnosis?

However, in some cases psychosis is a direct symptom to schizophrenia.

Suicide is the 3rd leading cause of death for African American males between the ages of 15 to 24.

The absence of mental health support is linked to worsened brain function and clinical outcomes.

## REMEMBER

Resiliency is not simply "getting over it."

Black men, seeking healing is NOT a sign of weakness, it is a sign of courage and strength.

**BLACK MEN, YOU ARE THE EXPERTS  
OF YOUR SELF.**

## CRISIS LINE

Call 988

LET US HELP YOU GET  
CONNECTED



[www.fpnavigator.org](http://www.fpnavigator.org)

BREAK THE STIGMA.



TAKE THE FIRST STEPS TO  
EMPOWER GENERATIONAL HEALING



If you or someone you know is experiencing a mental health concern, let us help you get connected to the right services.

[www.fpnavigator.org](http://www.fpnavigator.org)